

SPREAD A LITTLE KINDNESS THIS



Find a younger child at school to play a game with

Let someone in front of you when you line up

Help someone in the class tidy up their activity

Hold a door open for someone

Colour and give a Kindness Card

Smile and say something kind to a teacher

Invite someone to sit with you at lunchtime

Play with someone you don't usually play with

Donate a toy to a local charity shop

Tidy something in your classroom without being asked

Make a Christmas decoration for someone

Write a kindness message to a neighbour and put it in their letterbox

Help a classmate with their work

Make a Christmas Card for someone in vour class

Pick up rubbish in the playground without being asked

Paint a Christmas Palmy Rock and hide at a local park

Give a kindness card to a stranger Donate a book to the Red Cross

Ask Mum and Dad about donating pet food to the **RSPCA**

Read a book with somebody

Smile and say 'Hi' to an adult

Write a kindness message for a local shopkeeper

Draw a picture with a kindness message for someone at home

Make a list of Kindness Acts you can do at home over the holidays